

ONE STEP FORWARD

YWCA TORONTO GIRLS' CENTRE



PHOTOS:
Playground AI




This program focuses on strengthening youth's mental health, introduce tools and activities to develop healthy coping and self-regulation skills.

Program is **FREE!**
Dinner, Snacks,
and PRESTO
Tickets are
also provided!

Program Information:

 **WHEN:** Every Thursday (beginning October 5, 2023)

 **TIME:** 4:30-6:30P.M.

 **WHERE:** 3090 Kingston Road, Suite 401, Scarborough, ON. M1M 1P2.

 **WHO:** Girls and Gender Diverse Youth Ages 9-13!

TO REGISTER PLEASE CONTACT...

abruner@ywcatoronto.org or m1in@ywcatoronto.org



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United Way
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